

Abstract

Title: Case report of physiotherapeutic treatment of patient with L5/ S1 disc herniation

Summary: General part of this thesis contains theoretical information about functional anatomy, biomechanics and kinesiology of axial skeleton emphasising lumbar discs and information about physiotherapeutical methods used in treatment of herniated disc.

Special part of this thesis contains detailed case study of physiotherapeutic tretment of patient with L5/ S1 disc herniation. The case report is based on clinical practice at Oblastní nemocnice Kladno a.s.

Key Words: axial skeleton, radicular syndrom, therapy, herniation